



DIALOGUE

Bulletin of IMA Dombivli

Volume No: 28

**VIBRANCE
SPECIAL**

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It gives me immense pleasure to present this 'Vibrance special' issue of Dialogue. Vibrance has turned a new leaf in the history of IMA Dombivli and reiterated what strong will and determination combined with team work can achieve!

It took everyone a while to understand the nature and stature of the National Conference which we were about to undertake as hosts. On 17th September 2015 it was officially announced that IMA Dombivli will host IMA HBI National conference. We had only 1½ month for preparation – there were lots of doubts, questions, speculations – none of them easy! But as the pace quickened, the expanse of work increased and the team started building.. it was work at express speed! The last few days were extremely stressful and difficult, with limited time and lots of pending work, tremendous apprehension, meal less days and sleepless nights – and then came the 'V' day – and it won the hearts of people!

'Vibrance' won IMA Dombivli recognition at the State level and the National level. We were conferred IMA MS President's appreciation award, IMA National President's appreciation award to IMA Dombivli branch as 'best branch Subchapter' for HBI under Maharashtra State and IMA National award to Dr. Mangesh Pate (President, IMA Dombivli) for his work in IMA HBI. These awards have brought an everlasting glory to IMA Dombivli branch and we will need to really work hard to carry on this legacy.

Bringing home more glory, our President, Dr. Mangesh Pate has been appointed as the State Coordinator for IMA HBI, and I have been appointed as the Chairperson for IMA MS women's wing. Also, IMA Dombivli has been conferred IMA MS conference 'Evecon 2016' to be held on 22nd and 23rd October 2016. All in all, this year has been exceptionally eventful.

The different programmes which are being introduced this year under IMA Dombivli banner, will surely take us a step closer towards fulfilling our professional and social responsibilities. Together, as a team, we should strive at becoming the role model for our community members.

Long Live IMA!

Dr. Archana Pate



Hello Friends.

Let me begin by thanking the executive body of IMA Dombivli and the members of IMA Dombivli for their outstanding work in hosting VIBRANCE!

VIBRANCE was beautiful! The hospitality of IMA Dombivli was legendary!!

Many issues were discussed in this National Level summit & people were extremely happy when they got to know the concrete measures which were being taken by IMA on various issues. Our organisational skills & new found potential has got our branch its due recognition all across the nation. Our Dombivli branch is spoken about with respect at state and national level and that, I believe, is the true achievement!

Now let us not limit our work to branch level; but let us work for our fraternity to help our own people as the need arises. I guess our responsibility has multiplied manifolds. We have already got IMA Dombivli Defence cell in place; IMA Dombivli HBI Subchapter has started working in full swing; all the schemes of IMA are being introduced in IMA Dombivli, so that our members can take its advantage; IMA CGP, IMA women's wing, Donation awareness programmes with registry, community awareness programmes, patient doctor redressal forum all are being stated here in Dombivli ; and I hope every member takes full advantage of the different avenues. Let us be there for each other and for the community; let our thought process, execution, action all be swift to let the rest of the world know that we are not here to take nonsense.

I, on behalf of executive body assure you that there will be no looking back for our IMA Dombivli branch. My sincere thanks to all stalwarts of IMA Dombivli who stood with us through all the difficult times!

We are ready to write next story in the history of IMA Dombivli...! Very soon!!

Thank you.

Long Live IMA!

Dr. Mangesh Pate

President, IMA Dombivli

**6th IMA Maharashtra State Women's Conference
17th Annual Conference of IMA Dombivli**

Warm Greetings!!

After the stupendous success of IMA HBI National Conference 'Vibrance' hosted by our very own branch, we have another feather in our cap! IMA Dombivli will now be hosting 'EVECON 2016' which is the IMA Maharashtra State Conference for women Doctors, along with 17th Annual Conference of IMA Dombivli on 22nd & 23rd October 2016.

No woman is complete without her man and vice-versa.. hence this conference will be having equally good number of sessions for men as well. The conference will be a feast of academic and cultural extravaganza. There will be lots of academic sessions, cultural events, women and men workshops and banquet; also, there will lots of special prizes for participating in different events of Evecon (for men and women).

So all members, please gear up for our branch's next super event and register at the earliest to help us make this event a grand success as well !

Registration is compulsory for all Delegates			
Registration	Upto 30th June 2016	1st July – 30th sept 2016	1st October onwards
Delegates	Rs. 2000/-	Rs.2500/-	Rs.3000/-
*Accompanying persons	Rs. 2000/-	Rs. 2000/-	Rs. 2000/-

*For spouse and kids above 5 years. Charges are inclusive of all meals & banquet. No Kits.
Payments to be done by cheque/DD favouring 'IMA Dombivli', payable at Dombivli.

Registration Centres for Evecon :

1. Aastha Hospital, Dombivli – E
2. Chiranjeevi Hospital, Dombivli – E.
3. Matrix scan centre, Dombivli – E
4. Indira Nursing Home, Dombivli – W
5. Dr. Gadgil's X ray clinic, Dombivli - W

Organizing Team :

Dr. Archana Pate

Chairperson, IMA MS Women 's wing,
Organizing Chairperson, Evecon 2016

Dr. Niti Upasani,

VP, IMA Dombivli,
Organizing Secretary, Evecon 2016

Dr. Rahul Bhirud

Hon. Sec,
IMA Dombivli

Dr. Leena Lokras

Chairperson, IMA Dombivli women's wing,
Organizing Secretary, Evecon 2016

Dr. Mangesh Pate

President,
IMA Dombivli

Dr. Hemraj Ingale

President Elect,
IMA Dombivli

Dr. Mangesh Pate

Preamble

At the onset, ‘Vibrance’ was an idea, which had originated from the news of repeated traumatic attacks on our fraternity, our own people. On one such day, at mid morning, the sudden news of one of our doctors being senselessly thrashed by mob came in. I immediately rushed to the site & to my horror..saw the way in which doctors were helpless in front of authorities..it gave me goose hairs!! And I realised that I had just witnessed the future of our medical profession & professionals live!!

I thought about our next generation. What they are supposed to face? This nonsense?? This was the moment when I decided.. I will not let my next generation, our children to look down. After all, we all are answerable to our next generation for our actions today. I immediately communicated with the higher authorities of the organisation. As I got more involved, I realised that these people are doing their best to make our life safe, and we, sitting in our hospitals, did not even know what these people were doing for us..!

I happened to come across Dr.Ravi Wankhedkar in IMA HQ. I have known Dr. Ravi Wankhedkar for more than 30 years. I started discussing with him about the issues and problems of small hospitals and the impending doom that our fraternity was facing! Through him I came to know about the existence of Hospital Board of India, a wing of IMA which was working precisely on the same issues. Working closely with HBI gave me an opportunity to know the leaders and witness their work! IMA HBI’s national conference was about to be announced and I volunteered to host this conference by our very own IMA Dombivli branch...and the idea of ‘Vibrance’became a reality!!

Back to the Branch..

By then we had already started preparations for our annual conference. Suddenly came the confirmation that IMA Dombivli will be hosting IMA HBI’s National Conference... and the whole prospect of working just took a 360 degree turn! The dates for the conference had to be preponed by a whole 1 month from November end to October end, to suit the availability of National Leaders, and we realised that we had only a month and a half to arrange such a huge event !

That is what My people are.. My branch is...!!!

We all accepted the challenge.. an urgent meeting was convened. There were only few people onboard initially, few hesitations..but soon the whole team was up and working!! We slogged day & night for 45 days! The work load was endless – multiple mails, brochures, pamphlets, letters and phone calls to all the branches in India, Presidents/secretaries of all states were invited & involved.. Finally 45 leaders across the country including 6 past national presidents, leaders from 12 different states , and IMA leaders from Maharashtra had given their confirmations for the conference.! I started visiting different branches to promote the idea of IMA HBI and to invite them to participate in this National Conference. The hospitality which I enjoyed at these branches was remarkable!

Different committees were placed in action. Registrations started in full swing. We were getting enquiries from everywhere. Each mail, each query was being answered. Keeping a track of registrations in itself a mammoth task..Dr. Utkarsh Bhingare looked after the whole registration process like a pro. Dr. Preeti Nanda and Dr. Kala Eeswaran were continuously working towards

getting more and more registrations..kudos to their untiring efforts!

Ground arrangements were being done simultaneously.. the thought of giving all arrangements to event management company was discarded as we wanted to give personal touch to everything. Team members were given individual responsibilities to communicate and co ordinate for different things.

Scientific sessions were organised & reorganised by Dr.Makrand Ganpule & Dr Archana Pate. They had to shuffle the time slots of academic & non-academic sessions many times as per the travel itineraries of speakers and guests, according to their available schedule. Venue and stall arrangements were looked after by Dr. Hemraj Ingle, Dr. Makrand Ganpule and Dr. Utkarsh Bhingare. The whole catering responsibility was shouldered by Dr. Preeti Nanda.. and how! She personally saw to it that everyone was fed well during the conference!

The AV presentation was looked after by Dr. Hemraj Ingle, Dr. Leena Lokras and Dr. Sunil Puntambekar. The flawless presentations which were seen on the screen during conference were a result of their tremendous hard work. All gifts purchase, momentos, and other purchases were looked after by Dr. Niti Upasani and Dr. Sangeeta Dandekar. Pre conference packing of delegate kits was a fanfare.. where 600 delegate kits were packed by as many as 10-12 people ..Dr. Niti Upasani, Dr. Rashmi Phansalkar, Dr. Sangeeta Dandekar, Dr. Leena Lokras, Dr. Makrand Ganpule, Dr. Meena Pruthi, Dr. Rahul Bhirud, Dr. Hemraj Ingle, Dr. Nayana Choudhary, Archana, me..to name a few..at my residence ..with food and lots of laughter.. these are the memories that I cherish!

The poster presentation was prepared by our now very famous trio of Dr. Mandar Pawar, Dr. Raju Gite

And Dr. Vijayalaxmi Shinde. Their creative heads worked wonders together. Their posters were widely appreciated by each and every person who came across them. We were specially asked to send these posters to IMA HQ and IMA HBI post conference..which we surely did!

One of the biggest challenge was accommodation and transport. Again the pair of Dr. Mandar Pawar And Dr. Raju Gite worked their magic..and the transport arrangements of guests from airport to airport, from railway stations, local transport..was all arranged without a hitch. Dr. Prashant Kelkar helped us to manage the transport of all the speakers to and fro..I did not have to bother about it even once! Managing accomodation of guests was a very big & difficult task..Dr. Suneet Upasani and Dr. Dilip Joshi came to my rescue. They practically lived at the accommodation venue for 2 days and looked after our dignitaries' minutest requirements. Thanks Suneet for arranging fruits at 3 am for guests..

How can I forget my lovely wife (wi-fi!!)? Without Archana, I would not have been able to do a single thing. Her job was limitless & most important to keep everything in order...including me!! The entire back office was handled by her! All communication, co-ordination, designing of website, banners, mails, brochures, souvenir was handled by her.

The number of meetings I had to carry out everyday, the number of people I had to meet and communicate / negotiate everyday was tremendously affecting my work and personal schedule....but now after the kind of admiration and love this conference has won for us, everything seems worth the whole trouble. How can I ever forget KDMC Additional Commissioner Mr. Sanjay Gharat who helped me out of the way to

solve each and every venue related problem / technical problem. Sir, I could not have done it without you. BSNL GM Mr. Savadekar is another such close friend with whose help we could manage to get wifi for the whole venue and do a live webcast of the conference ! My heart felt 'thank you' to both.

As the day was nearing, our people were working with such energy! We went without food on so many occasions! It was great for me as a President to have such hard working people with me and I was grateful to and proud of them all!! When the Central IMA website and IMA HBI website displayed information about 'Vibrance' with the name of IMA Dombivli as hosts.. believe me, it was a very proud moment!!

Finance & sponsorship was a very big question as we had kept the registration fees for this National conference very minimum. But I am so proud of & thankful to our branch people. Our branch members responded to our appeal for donations & within no time the flow of donations started! .Everyday, every hour the whatApp groups were filling with news & updates about sponsorships and donations for Vibrance. Final week all other messages were really stopped on WA groups..! Everyone had only one thing in mind...'Vibrance'. we were practically eating, drinking, sleeping and living 'Vibrance'!!

Conference..

On 30th October, with the break of daylight ,we received the first phone call from National Secretary HBI that he had left for Dombivli.! And that was it..!!We finished our last few remaining jobs & headed to receive our first guests.. By 30th night,27 guests from across the country had arrived. Night we had faculty dinner. After dinner all guests were escorted to their rooms, and we headed back to Savitri Bai Phule auditorium to supervise the work

which was in full swing. The beautiful Rangoli which was displayed outside the auditorium entrance was made by Dr. Kala Eeswaran and Dr. Nayana Choudhari with their acquaintances. It took them almost 4 hours to work on that rangoli..mind blowing!

On the morning of 31st October .. Sun was bright in the sky at 6.30 am. I was absolutely ecstatic... Today we were going to write a new and golden chapter in the history of IMA Dombivli !By 8 am most of the guests had started arriving. The delegate registration counters started filling fast. The entire atmosphere was vibrant proving the name of the conference!!

After breakfast, the sessions started. The topics and the contents of all scientific sessions were appreciated by everyone & also by those who were outside but experiencing this conference LIVE, as the entire event was being webcasted LIVE across the globe.. The first phone call that came in after seeing the webcast was from UK. Vibrance was seen live from total 21 countries across the world & total web attendance on 31st October & 1st November was 1161..!! The whole backstage work was handled smoothly and without any glitch by Dr. Niti Upasani, Dr. Leena Lokras, Dr. Sangeeta Dandekar, Dr. Rashmi Phansalkar & Dr. Nayana Choudhari.

The inauguration was marked by unforgettable welcome presentation by Dhol-Tasha group. The whole atmosphere was charged up and vibrating with energy. We were honoured to have IMA HBI National President, Padmashri Dr. A Marthanda Pillai, IMA HBI National Chairman, Dr. R.V.Asokan, IMA MS President Dr. T.C. Rathod and other National and state office bearers, Past presidents and other dignitaries amongst us. IMA Dombivli was presented the charter of IMA HBI

Dombivli subchapter during the inauguration ceremony.

Banquet

The epic banquet on 5 acres of lawn at Kokan Kings Dombivli was memorable for everyone. Supreme quality of arrangements, food & of course hospitality made it wonderful. National President himself was thrilled with the vibrant ambience at the banquet.

Next day, on 1st November, again brainstorming sessions in IMA, for IMA, by IMA were presented. The afternoon saw guests departing to airports with most happy memories & satisfaction. The valedictory function was emotional for me personally. I was totally numb after 48 hours of super marathon.

Follow up..

Conference was over. But could not sleep for at least 2-3 days. The zeal of work, running around, adrenalin surge.. everything made us feel the emptiness after conference.!

We started receiving mails from all stalwarts across the nation. They all had lots of praises for all of us. The real heroes of fraternity were praising my branch.. my people. What else I could have asked for more than this ?

I tried my best to recall Vibrance memories here. If I am forgetting something or somebody, please forgive me! Today while writing also I am still feeling some adrenalin rush inside me!!! That is the effect of Vibrance...!!!

Finally all my love and gratitude to everyone who gave their time, energy & every other form of support for this epic event. My sincere regards & respect to the seniors of the branch.

I tried to give my best & will continue to do so in future as well!

Long live IMA!

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IMA DOMBIVLI

Webiste : www.imadombivli.com **Email :** imadbl2010@gmail.com

Annual Membership Fees : Single : 1,500/-, Couple : 2,000/-

Life Membership Fees : Single : Rs. 15,000/-, Couple : 20,000/-

Associate Membership Fees : 1,000/-

Thoughts and Opinions published in this bulletin belong to the author

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शतशः आभार सुद्धा कमीच पडतील.....

डॉ. मकरंद गणपुले

एक नोव्हेंबरला संध्याकाळी घरी परतलो. खरोखरच आता काय करायचं हा प्रश्न होता. गेला दिड महिना जो Vibrance नावाची जी अभूतपूर्व गडबड चालू होती ती संपली होती. त्यामुळे खरच आता पुढे काय हा प्रश्न मनात घोंघावत होता. तो बायकोने चुटकी सारखा सोडवून टाकला. आता फॅमिली आणि जमलच तर लॅब कडे लक्ष दे. जरा जोरात असं ओरडली व ध्यानावर आलो. निंदकाचे घर असावे शेजारी.... इथे तर साक्षात निंदकच घरात असल्यामुळे माझी प्रगती खुंटली आहे असे राहून राहून मला वाटते. असो तर तात्पर्य काय तर गेले चाळीस ते पंचेचाळीस दिवस पूर्ण IMA ची टिम ज्या National Conference साठी झटत होती ती सुफल संपूर्ण झाल्यामुळे अख्याच्या अख्या टिमला एक रिते पणा जाणवत होता. (संदर्भ: Whatsapp वरील Comments)

खरंच National Conference आयोजित करणे ते सुद्धा अत्यंत कमी अवधीमध्ये हे एक मोठे आव्हानच होते. Conference Venue पासून ते Banquet च्या Venue पर्यंत सारेच ठरवावे आणि प्रत्यक्षात उतरवावे लागणार होते. त्यातून सगळ्यात जास्त प्रयत्न हे जास्त पैसे जमा करण्यासाठी लागणार होते. पण खरंच सागतो आपण कितीही म्हटलो ना की आय.एम.एम. मध्ये कोणी मदत करत नाही तर आपण ते खोटे बोलतो. फंडस् जमा करायला लोकांनी खरच खूप मदत केली. मी प्रत्येकाचे नाव घेत बसलो तर काही पानं पुरणार नाहीत. पण खरंच ज्यांनी फंडस् जमा केले त्यांचे शतशः आभार. फंडस् ज्यांनी सांभाळले त्या आमच्या खजिनदारांची कामगिरी सुद्धा तितकीच महत्वाची होती. आता पर्यंत दोन वर्षं Medicon केल्यामुळे (ह्यात मी काय काम केले ? हा वादग्रस्त विषय आपण तुर्तास बाजुला ठेऊ) दिवसभराच्या दिनक्रमाचा ठोकताळा साधारण तयार होता. पण ह्या वेळी हॉस्पिटॅलिटी आणि खूप सान्या National आणि State Leaders ची उपस्थिती ह्या दोन गोष्टी वेगळ्या होत्या आणि तिथेच गडबड होऊन चालणार नव्हती.

पण डॉ. अर्चना पाटे , डॉ. सुनित उपासनी, डॉ. दिलीप जोशी, डॉ. आगे, डॉ. मंदार पवार, डॉ. राजू गिते ह्या सगळ्यांनी Arrangement of Leaders, hospitality आणि महत्वाचे म्हणजे Transport च्या जबाबदाऱ्या इतक्या लिलया पेलल्या की कौतुक करावे तेवढे कमीच.... ह्यात डॉ. मंगेश पाटे ह्यांचाही चांगलाच सहयोग होता.

Vibrance का चांगली झाली ह्याचे अजून एक महत्वाचे कारण उत्कृष्ट Audiovisuals आणि ह्याची पूर्ण जबाबदारी डॉ. हेमराज आणि डॉ. पुणतांबेकर ह्यांनी ज्या पद्धतीने सांभाळली त्याला तोड नाही.

रंगमंच व्यवस्था आणि गिफ्ट्स सांभाळणाऱ्या डॉ. निती उपासनी, डॉ. संगीता दांडेकर, डॉ. लिना लोकरस, डॉ. रश्मी फणसळकर ह्यांची कामगिरी म्हणजे खरोखरच लाजवाब झाली. ह्या एका ठिकाणी काही गडबड झाली असती तर Conference ची काय वाट लागली असती ह्याची कल्पनाच करवत नाही.

डॉ. प्रिती नंदानी जे अभूतपूर्व काम केले त्याला तोड नाही. त्यांनी खरोखरच स्टेज डेकोरेशन ते रजिस्ट्रेशन सगळीकडेच खूप मदत झाली. डॉ. हर्डीकर आणि डॉ. बाहेकर सर ह्यांचा guidance नेहमीच उपयोगी पडतो. तसाच ह्याही वेळी आला. डॉ. कला, डॉ. मिसिस पृथी, डॉ. नयना चौधरी आणि डॉ. अद्वैत पाध्ये ह्यांचीही मदत अतिशय महत्वाची होती. एका डॉक्टर नसलेल्या व्यक्तीची ह्या Conference ला इतकी मदत झाली की 'शतशः ऋणी' हे शब्दसुद्धा कमी पडावेत ते म्हणजे आपले Additional Commissioner संजय घरत साहेब. त्यांच्या मदतीशिवाय Vibrance झालीच नसती.

Registration आणि Stall Arrangements ही डॉ. उत्कर्ष व डॉ. राहूल ह्यांच्याकडे असल्यामुळे त्याविषयी फार टेन्शन यायचं काम नव्हतं. डॉ. उत्कर्ष नेहमीच आपलं काम १०० टक्के करत असतो. ह्या सगळ्या कामकाजावर डॉ. मंगेश पाटे,

डॉ. अर्चना पाटे आणि डॉ. रवी वानखेडकर ह्यांनी जातीने लक्ष दिले. त्यामुळेच Vibrance डॉबिवलीत करणे शक्य झाले.

आपले President Dr. Mangesh Pate एक अजब रसायन आहे. प्रॅक्टिस सांभाळून इतर सर्व कामं ते इतक्या उत्साहाने करतात की इतर टिमही आपोआपच जोरदार कामाला लागते.

ह्या सगळ्यात एखादे नाव राहून गेले असेल तर माफ करा रे बाबांनो. मुद्दाम केले नाही ते.

Vibrance च्या दोन दिवस आधी एक मित्र भेटला. त्याला Vibrance विषयी मी खूप सांगितले. तो म्हणाला ह्या सगळ्यात तू काय करतोस ? मनात विचार आला.....हे सगळं गाडं फसलं तर Conference Chairman म्हणून माझी काही खैर नाही. पण देवाच्या कृपेने असं काही झालं नाही कारण..... team work never fails.

....

VIBRANCE MEMOIRS



Precon meeting with branches



Delegate kit packing



Receiving the first guest of Vibrance



Awesome Rangoli & decor



The Poster boys



Trade Area

VIBRANCE MEMOIRS



Most pleasant sight..



Que for registration



Going thru Souvenir



IMA Dombivli President's welcome address



Scientific sessions



Scientific sessions

VIBRANCE MEMOIRS



Scientific Sessions



Q & A Sessions



Backstage Divaas



Enchanted Audience



Dr. U. Prabhakar Rao Oration



Food area

VIBRANCE MEMOIRS



Food area



Waiting to receive the chief guest



Arrival of IMA National President



Arrival of Dignitaries



Traditional welcome



9th IMA HBI council of states meeting

VIBRANCE MEMOIRS



Rocking Dhol Tasha Pathak



They really charged up everyone!



Dignitaries enjoying the traditional show



Escorting the dignitaries



Ganesh Vandana



Lighting the traditional lamp

VIBRANCE MEMOIRS



Leaders of IMA



Dr. Pate Felicitating IMA Nat Pres Padmashri Dr. Pillai



Dr. Ganpule felicitating NABH CEO Dr. Kalra



Dr. Dandekar felicitating HBI nat chairman Dr. Asokan



Dr. Bhirud felicitating IMA MS pres Dr. T.C.Rathod



Dr. Bhirud felicitating IMA MS President (16-17) Dr. Jayesh Lele

VIBRANCE MEMOIRS



Dr. Pate accepting IMA HBI Dombivli sub chapter



Release of Souvenir



Padmashri Dr. Pillai's presidential address



Footloose, the banquet - Grand ambience



kids at their best!



Enjoying the dance floor..

VIBRANCE MEMOIRS



Why should boys have all the fun ?



NABH accreditation workshop



Attentive audience



IMA Leaders with Team Vibrance



The time to say goodbye came so soon..



Thank you sir..



End of the grand show..and we did it!!

To,
Dr. Mangesh Pate
President, IMA Dombivli Branch

Greetings from Indian Medical Association!

We are pleased to inform you that Indian Medical Association Awards committee has selected your DOMBIVALI Branch under MAHARASHTRA state Branch for the "Best Branch subchapter" under IMA Hospital Board of India Award 2015 Award for the year 2014-15 in recognition of the service rendered by you during the year.

The Award shall be conferred upon you during the ensuing IMA NATCON-2015, 76th Annual Meeting of IMA Central Council to be held at **Hotel Le Meridien, New Delhi-110 001 on 28th December 2015, 5PM.**

You are requested to kindly receive this award in person. A line of confirmation in this regard will be highly appreciated with a copy marked to **Dr Alok Bhandari, Organizing Secretary**, 90th Annual National Conference of IMA at Email: dmainanatcon2015@gmail.com.

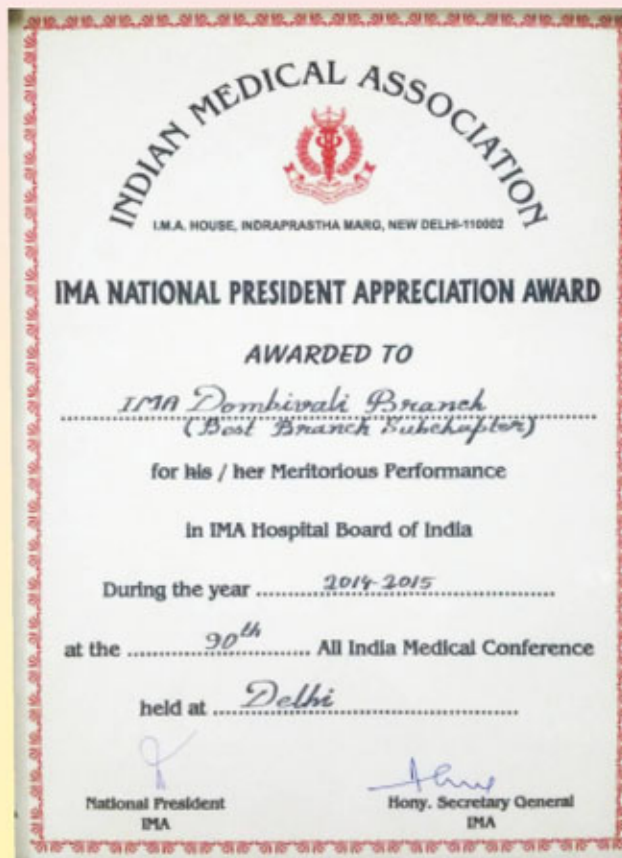
Please note that TA/DA is not permissible to receive this award as per the rules of IMA. Kindly arrange your travel for attending the Award function.

Looking forward to your acceptance of Award and confirmation of participation in the above function.

Yours sincerely,

Dr. A. MARTHANDA PILLAI
NATIONAL PRESIDENT, IMA

Dr. K. K. AGGARWAL
HONORARY SECRETARY GENERAL, IMA



Dear Dr. Mangesh Pate,

Greetings from Indian Medical Association!

We are pleased to inform you that Indian Medical Association Awards committee has selected your good self for the IMA Hospital Board of India Award 2015 for the year 2014-15 in recognition of the service rendered by you during the year.

The Award shall be conferred upon you during the ensuing IMA NATCON-2015, 76th Annual Meeting of IMA Central Council to be held at **Hotel Le Meridien**, New Delhi-110 001 on **28th December 2015, 5PM.**

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Yours sincerely,

Dr A MARTHANDA PILLAI
NATIONAL PRESIDENT, IMA

Dr. K. K. AGGARWAL
HONORARY SECRETARY GENERAL, IMA





Indian Medical Association

MAHARASHTRA STATE

REGISTERED UNDER BOMBAY PUBLIC TRUST ACT 1950, NO. F-166 (PUNE)
 IMA Mumbai West Building, 2nd Floor, J. R. Mhatre Marg, J.V.P.D. Scheme, Juhu,
 Mumbai-400 049 Tel. (022) 26232965, 32231456 Fax. (022) 26233890,
 Email : imammumbai@yahoo.co.in / imamaharashtrastate@gmail.com
 Web Site : www.imamaharashtrastate.org

2014-15

President Dr. T.C.Rathod (Yavatmal) 054221 68300	Imm. Past President Dr. Dilip Sarda (Pune) 098230 41533	Hon. State Secretary Dr. Suhas Pingle (MW) 093222 50830	Hon. Treasurer Dr. S.S. Utture (Mumbai) 098200 89321
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Vice Chairman
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 098204 82375

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 098222 78690

Finance Director
 Dr. Wantha Dhanote (Nagpur)
 098222 04338

Hospital Board of India
Chairman
 Dr. Arun Parate (Arvi)
 093732 40700

IMA MS /646/ 2015 26th October, 2015

To,
 Dr. Mangesh Pate
 President IMA Dombivli Branch
 IMA Hall Deep Saha Soc.,
 2nd Floor, Opp. C.K. P. Hall,
 Dombivli (E), 421201

Sub: "President's Appreciation Awards" (Year 2014-15)

Dear Drs,

Season's greetings!!!

We are pleased to inform you that the President IMA MS will specially felicitate you on 20th November 2015 at IMA Mumbai West branch premises. The "President's Appreciation Award Year 2014-15" is to appreciate the work done by your Branch during the year 2014-15.

Please register for the Conference 'MASTACON - 2015'


Co-Organizing Chairman & Secretary for MASTACON- 2015.


Dr. Parthiv Sanghvi Co-Organizing Chairman Mob- 9820304284	Dr. Suhas Kote Co-Organizing Secretary Mob- 9820147041
---	---

Kindly make it convenient to collect Award at the Award Ceremony.

Thanking You,

Yours Sincerely,


Dr. T. C. Rathod
 President


Dr. Suhas Pingle
 Hon. State Secretary






Dr. Mangesh Pate receiving award at MASTACON



Maharashtra state representation at NATCON



Dr. Mangesh Pate receiving his award at NATCON



Receiving award for IMA Dombivli at NATCON # proud moment

APPRECIATIONS OF VIBRANCE

Dear Mangesh,

We have reached back home. I congratulate you for the extremely well organized conference. My special appreciation for your hospitality. My best wishes to Dr. Mangesh Pate, Dr. Archana Pate and team VIBRANCE.

Dr. Padmashri Dr. A Marthanda Pillai

National President, IMA HQ

Dear Mangesh,

It was an honour for me to be present in wonderfully organized a National Conference jointly hoisted by Hospital Board of India and Indian Medical Association, Dombivli Branch.

The ambience, gathering and overall organization was superb. I feel sorry for creating mess in your Inaugural programme because of my urgent planned commitment in Mumbai.

Wish you all the best in future.

Thanks and Regards,

Dr. Vinay Aggarwal

Past National President, IMA HQ

My dear Ravi & Team Dombivli,

Great appreciations for the successful & memorable National IMA HBI Conference at Dombivli on 31st October & 1st Nov, 2015.

Airport to Airport the care & concern offered to Leaders was enjoyable & memorable.

Kudos to Mangesh, Archana, Upasani & Team. Time consciousness of Upasani is great. IMA stands & grows on these committed leaders. They must be lined up to the National stream in the coming years.

Wishing many more fruitful events under your Leadership.

Best wishes

Prof. Dr. S. ARULRAJ

HQ Past National President, IMA HQ

Dear Dr. Mangesh and Dr. Archana

You are the most enterprising couple I have met. Please bear with me for my delayed gratitude mail. We were neck deep in state elections. I congratulate you and your branch for your maiden foray into the national scene, which you did it in style. The traditional dance with honches and drums is still vivid in my mind. Without doubt Mrs Archana Pate is an asset not only to your branch but to the medical fraternity. We are grateful for the extraordinary hospitality showered upon us. In the process you brought Dombivile in our map and strengthened IMA HBI as an institution.

God bless both of you

With warm regards

Dr. R.V. Asokan

National Chairman, IMA HBI

APPRECIATIONS OF VIBRANCE

Dear Mangesh

My thanks to you ,your wife and whole team for excellent hospitality and organisation skill.We are proud to have young leaders like you in IMA.

Kind regards

Dr. Narender Saini

Past HSG, IMA HQ

Dear Dr. Mangesh, Ji,

The HBI places on record the great contribution for "Vibrance" from IMA Dombivli under your able leadership! The meet is a benchmark in making this national conference - an academic bonanza & cultural extravaganza! IMA looks forward to your participation in mainstream & we welcome you all with great enthusiasm to be role models for all IMA! Kindly convey our mighty thanks to all your wonderful organizing team! Looking forward to interacting with you & your team in the ensuing activities of IMA- our binding force.

Yours in IMA,

Dr. Zameer Pasha

Past National Chairman, IMA HBI

Dear Mangesh,

Thank you very much for the warm hospitality during my stay at Dombivli. The arrangement was excellent..

I congratulate the organizing team for the grand success of the VIBRANCE.

Dr. R. D. Dubey

Director IMA, HBI

Dear Dr. Pate

Regards from Dr. Vinod Shah

Thanks a lot for every efforts put by you and your team to make this gala event grand success . I heartily congratulate for your untiring efforts and I had observed and notice your sincere efforts . I request you to put this on records about your hard and micro level meticulous planning . There was not an single error I noticed or experienced

Once again thank you for taking due care

Regards

Dr Vinod Shah

Director, IMA HBI

APPRECIATIONS OF VIBRANCE

Dear all,

"VIBRANCE" THE NATIONAL CONFERENCE OF HBI WAS REALLY VIBRANT. CONGRATULATIONS TO THE ENTIRE TEAM OF DOMBUVELI IMA BRANCH WITH THE GUIDANCE OF DR. RAVI WANKHEDKAR SEC HBI FOR PLANNING METICULOUSLY AND EXECUTING PERFECTLY WITH TRADITIONAL TOUCH OF WELCOME DANCE AND WONDERFUL PRACTICAL USEFUL DISCUSSIONS. HOSPITALITY WAS EXEMPLARY. HATS OFF TO ALL INVOLVED IN THE GRAND SHOW.

Dr. A. K. Ravikumar

Past President IMA Coimbatore

Immediate Past Secretary IMA NHB TNSB

Dear Sir

Greetings

I am delighted to experience your warm hospitality and professional conduct of the conference. I salute Your altruistic efforts with family for the success of this meet. I reached home with sweet memories and looking forward to meet you all.

Prof. Dr. J. A. Jayalal

President Elect IMA Tamilnadu 2017

Dear Mangesh,

Thank you for organising an extremely informational and vibrantly interesting conference.

Kindly find the attached feedback form for your references.

Thanks and Regards,

Dr. Ashok Singh

City Hospital, Kalamboli

APPRECIATION LETTER



INDIAN MEDICAL ASSOCIATION

Private Hospitals & Nursing Home Board

TAMILNADU

(Registered under the Societies Act, 1860XX No.325/1934)

www.imanhb.org



IMA STATE PRESIDENT
Dr. R.V.S. SURENDRAN

IMA HONY. STATE SECRETARY
Dr. C.N. RAJA

IMA FINANCE SECRETARY
Dr. V. MADHAVAN

NHB Chairman
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NHB Advisor
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NHB Office,
Dr. V.V.R.Hospital,
6th Cross, Arulananda Nagar
Thanjavur – 613007.
Phone : 04362-237321, 238235
Mobile : 98431 91190

Date: 03-11-2015

To

Dr. Mangesh Pate
President IMA Dombivli

Dear sir

Sub : Appreciation letter from IMA NHB TNSB–reg.

We thank you for the excellent reception, hospitality and care your team extended to us during our visit to the national conference “VIBRANCE”. The meticulousness you showed right from the moment we landed, the transport arrangement, comfortable stay and mouth watering delicious food all have simply enthralled us. Your members rose as a team and did excellent arrangement befitting a national conference.

IMA NHB Tamilnadu whole heartedly congratulate you for conducting such a wonderful conference and once again thank you for your affection and hospitality. We are very sure that our friendship shall continue in future also. We extend our warmest regards to all the IMA Dombivlians and their family.

Looking forward to meeting you again

Thanking you

DR. C. ANBARASU
CHAIRMAN NHB TNSB

DR. B. SRIDHAR
SECRETARY NHB TNSB

DR. V. VARADHARAJAN
ADVISOR NHB TNSB

There are many beneficial schemes which IMA offers to its members. The schemes offered by IMA MS are IMA MS Social Security Scheme and IMA MS Professional Protection Scheme. The schemes offered by the National IMA are IMA National Health Scheme, IMA National Social Security Scheme and IMA National Professional Protection Scheme. IMA Dombivli encourages all its members to avail these schemes.

IMA MS SOCIAL SECURITY SCHEME

Some years ago, the think tank of IMA, Maharashtra St. formulated a scheme "IMA – MS – Social Security Scheme"... Generally, we all have LIC Policies, primarily to cover the risk of premature death and reduction in tax liabilities. The similarity between LIC & the scheme ends there.

The scheme not only gives the tax benefits & covers the risk of uncalled for death but also takes care of the mental & /or physical disability due to which doctor can not pursue the medical practice permanently, the benefit payable even if the member alive.

The member has to contribute for 25 years for the deaths occurring every year. He will not pay for the deaths after that. (He will only pay the annual subscription) & he will be a continuous member of the scheme till death or complete permanent physical / mental disability.

Since the number of members keeps rising, the Doctor, who continues in the scheme for more than 25 years, is also monetarily benefited. He does NOT contribute anything then, but benefit amount keeps on rising, proportionate to the membership.

HOW DOES THE SCHEME WORK?

ELIGIBILITY:- Life member of IMA of any local branch of Maharashtra State up to the age of 60

years.

RULE FOR BENEFIT:- Benefit of Fraternity Contribution of the scheme is available after completion of one year of membership of I.M.A – MS – S.S.S. However nominee of member is entitled for such benefits if death of member occurs even within one year of joining the scheme.

IMA – Life Member wishing enrollment pays 1. Rs. 3000/- as Advance Fraternity Contribution, which is returned (without any interest) after 25 years or upon death, whichever is earlier. 2. The Admission Fees are paid according to the age bracket (see the table). 3. Annual Subscription for 2 years. The date of registration shall be on the acceptance of the documents and payments as per the schedule subject to realization of cheque. Incomplete documents will result in delay in enrollment. Every year in the month of April Rs. 100/- per death X No. of Deaths in year = _____ + Rs. 100/- Annual Subscription = Total Rs. _____. A demand note is sent to every member. This money is known as "Fraternity Fund Contribution" (FFC). Rs. 70/- of this is paid to the nominee of the deceased member & Rs. 30/- goes to form a Corpus. The interest of this corpus will take care of the FFC payment of the doctors who have survived & paid contribution for 25 years in the scheme and who are not needed to contribute thereafter.

WHAT IS NEEDED ?

1. A form, duly completed, with endorsement of the Hon. Secretary / President of local branch, that you are a Life member of IMA or Certified copy of Life Membership Certificate issued by IMAHQ, New Delhi.
2. Age Proof – Certified Copy of School/College leaving Certificate / Passport / LIC Policy 1st Pg./ Local Self Govt. Birth Certificate/PAN

PAYMENT STRUCTURE :

Sr. No.	Amount according to various Age groups	AFC	Membership Fees (Annual fees x 2 yrs)	Admission Fees	Total Rs.
1	Below age 30 years	3000/-	100/- + 100/-	1000/-	4200/-
2	Below age 40 years	3000/-	100/- + 100/-	2000/-	5200/-
3	Below age 50 years	3000/-	100/- + 100/-	3000/-	6200/-
4	Between 51-55years	3000/-	100/- + 100/-	4000/-	7200/-
5	Between 55-60years	3000/-	100/- + 100/-	5000/-	8200/-

card. [No Driving Licence/ Election Card Please]

3. Cheque (From Mumbai Area) / Demand Draft from outside Mumbai Area of the appropriate amount.
4. A name of nominee, if there are more than one nominees, the full benefit amount will be given to the first named nominee. In case 1st nominee expired, to the 2nd nominee unless specified otherwise.
5. Passport Size Photo to be pasted in Photo Space, 1 of the applicant and 2 of Nominee.
6. Dispute of any nature whatsoever be subjected to Mumbai Jurisdiction Only.

SCHEDULE OF ANNUAL FFC PAYMENTS

- Members will get the notice of Demand of FFC latest by 1st May, asking to pay latest by 31st May, every year without Late Fee.
- Between 1st June and 31st July one will have to pay FFC + Rs. 100/- LATE FEE.
- Between 1st Aug. to 30th September one will have to pay FFC + Rs. 300/- LATE FEE.
- Non payment on 1st October will lead to automatic deletion and member will have to go through the extra payments & exercise of revival of membership. This will be followed strictly.

The excuse of notices not received will not be entertained. Every member must jot down the due date of FFC payment & must inquire with the MS Office if the notice is not received, latest by 10th May Every year.

PROFESSIONAL PROTECTION SCHEME

The IMA MS PPS (IMA Maharashtra State Professional Protection Scheme) was started on 1st July 2008 that is Doctor's day. The response from the IMA members has been very encouraging since then. Some of the highlights of the PPS are:

WHY AT ALL THERE AROSE A NEED FOR THE IMA TO START ITS OWN PPS?

As we all know that most of us are insured with some or the other insurance companies or some other private agencies like Apex for our indemnity cover.

1. These companies only take care of your financial part of the litigation.
2. They are not bothered about what will happens to the reputation of the doctor who is undergoing litigation.
3. These companies are very eager to do an out of the court settlement with the complainant hence giving the impression that the doctor is at fault.
4. The lawyers provided by these companies are not expert in dealing with the medical negligence

cases. In all the cases the onus of providing expert opinion is on the doctor.

5. Most of the doctors who had an experience with insurance company would agree that their services were far from satisfactory.

Looking at all these things and to make matters easy for the IMA members this novel scheme was started in the State of Kerala and to tell you the success story. Kerala state had a litigation rate of 30 to 40% against the doctors. As the scheme became popular and more and more members enrolled in the scheme the State PPS started fighting the cases on behalf of the doctors. Now the present story is that the litigation rate has come down to around 10% because the scheme is not ready to make an out of court settlement and fights the case till supreme court. The effect of this was that all the Doctors in Kerala are members of IMA and also members of PPS.

Similarly Gujarat State PPS is also very successful. There are 8000 members of the Gujarat state. Due to the overwhelming popularity of the scheme the first 6000 members in Gujarat state don't have to pay any premium for their cover with the scheme.

There is a National PPS scheme also which operates from Kerala the advantage of this scheme is that one can buy multiple units of cover in this scheme. At the time of award of compensation more and the cover with the state scheme is not sufficient the both the schemes can work together and settle the claim.

WHAT IS THE PPS SCHEME?

1. This is a Professional Protection Scheme Started by IMA Maharashtra State Branch for the benefit of its members.
2. All the members of IMA Maharashtra can enroll in this scheme. Before the first renewal the Member must become a life Member of IMA.

3. A member can enroll in the scheme by paying a requisite amount of admission fee(One time) and an annual fee which will be payable every year. The fee depends upon the specialty of the member and number of beds in the hospital. The fee is to be payable by a D.D. in favor of IMA MS PPS payable at Nagpur.

4. The cover of the member Starts from the 1st of the next month and the renewal will be on 1st of April every year.

WHAT WILL THE SCHEME DO FOR ITS MEMBERS?

1. Provide legal defense in civil/criminal cases before the medical councils, consumer redressal fora and courts.
2. Provide reasonable expenses for bail.
3. Pay fine with in prescribed limits.
4. Pay the settlement arising out of civil or consumer protection act within prescribed limits.

HAS THE SCHEME HAD ANY CASES AGAINST ANY OF ITS MEMBERS?

Yes the scheme did have four cases against its members and in all the cases a proper legal course was advised to the member and all the members were satisfied.

Till now the response to the scheme has been very good. Looking at the benefit this scheme provides, we appeal to all the members to enroll in this scheme.

Finally we appeal to all to help IMA movement grow by enrolling yourself as members of PPS.

....

HEALTHCARE-ASSOCIATED INFECTIONS: LET US PREVENT THEM!

Dr Vijayalaxmi Sushil Shinde

MD Microbiology,

Consultant Clinical Microbiologist and Hospital Infection Control Advisor,

Eva Womens Clinic And Lab, Dombivli East

Post operative fever spikes, non-healing wounds, rising WBC counts irrespective of good antibiotic treatment, deteriorating patients, septicemic shock have been commonly associated with intensive care units. Surgical Site Infections (SSI), Ventilator Associated Pneumonia (VAP), Central Line Associated Blood Stream Infections (CLABSI), Clostridium Difficile Diarrhea, Catheter Associated Urinary Tract Infections (CAUTI) are common HAIs (healthcare associated infections). Organisms which are Gram negative or gram positive are no more just inside the microscopy slides or reports but have taken an important place in the intensive care units where intensivists are fighting with their swords of antibiotics to combat the attack of HAI and multidrug resistance organisms, superbugs.

Health care-associated infections (HAIs), or “nosocomial” and “hospital” infections, affect patients in a hospital or other health-care facility, and are not present or incubating at the time of admission. They also include infections acquired by patients in the hospital or facility but appearing after discharge, and occupational infections among staff. Hundreds of millions of patients are affected by health care-associated infections worldwide each year, leading to significant mortality and financial losses for health systems. Of every 100 hospitalized patients at any given time, 7 in developed and 10 in developing countries will acquire at least one health care-associated infection. The endemic burden of health care-associated infection is also significantly higher in low- and middle-income than in high-income countries, in particular in patients admitted to intensive care units and in neonates.

HAI are spread by Healthcare workers, their busy hands, Medical devices, solutions, environment sources, fomites etc. *Pseudomonas aeruginosa*, *Klebsiella pneumoniae* have been known to many clinicians as nosocomial bugs. *Acinetobacter baumannii*, *MRSA*, *VRE*, *Candida species* which were just thought to be in pipeline as potential nosocomial infections few years back are now the leading cause of HAI. Microbiology cultures which were occasionally requested are now considered as routine tests for changing antibiotics or de-escalation of an antibiotic. Choice of antibiotic also changes depending upon type of organism isolated. MIC values of drugs help in appropriate selection of drug and dosage. Broad spectrum antibiotic commonly used as an empirical therapy may not be always useful for *MRSA*, *VRE*, *ESBL*, *MDRO*, *NDM* etc which are known as nosocomial pathogens.

Several factors can cause health care-associated infections. Prolonged and inappropriate use of invasive devices and antibiotics; high-risk procedures; poor infrastructure; insufficient equipment understaffing, overcrowding, poor knowledge and application of basic infection control measures; lack of procedure SOPs, absence of policies, immuno-suppression and other severe underlying patient conditions; insufficient application of standard and isolation precautions, inadequate environmental hygienic conditions and waste disposal; this increases hospital stay of patients and adds to cost of patient care which is huge burden to healthcare industry. HAI are among the leading causes of preventable deaths and are associated with a substantial increase in health care

costs each year. Rising incidence of morbidity and mortality associated with HAI is a growing concern of Hospital administrators and quality management in hospital.

HAIs can be prevented by simple infection control measures. Hand hygiene has played important role in preventing HAIs and its spread. 5 moments of hand hygiene and 6 steps of hand hygiene along with aseptic precautions and right techniques during procedures are simple and low-cost measures ensuring that core components for infection control are in place. Other measures like implementing universal standard precautions, regular staff education and training, preparing SOPs, surveillance by infection control team, Infection control checklist and audits, needle stick injury protocols, screening of potential infectious patients, isolation requirements and policies for Tuberculosis, MRSA, H1N1 etc. are usually monitored by infection control team comprising of

Microbiologist, Intensivist, Infection control nurse and Hospital Administrative head.

Treatment protocols for the spreading and resistant bugs becomes a huge challenge. Formulation of antibiotic policies by studying microbiology culture reports and antibiogram of the particular healthcare setting and antibiotic stewardship programmes have become major goals in most of healthcare institutions. Most of the hospitals are now forming their own HIC committees involving clinicians, clinical microbiologist, nursing heads, administrative heads. HIC committee ensures proper implementation of infection control practises and provide nosocomial infection free environment to patients and healthcare workers.

Hand Hygiene Saves Lives! Let Us Use Healing Clean Hands And Not Sharp Antibiotic Swords.

....

How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB

1 Duration of the handwash (steps 2-7): 15-20 seconds

2 Duration of the entire procedure: 45-60 seconds

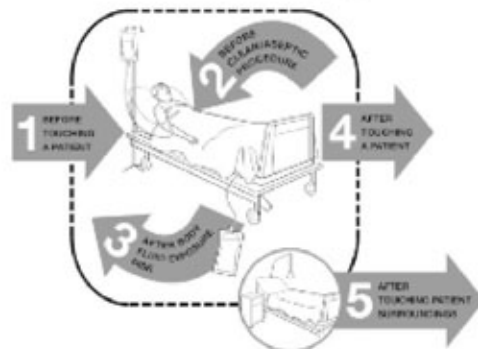


World Health Organization

Patient Safety

SAVE LIVES
Clean Your Hands

Your 5 Moments for Hand Hygiene



Moment	When to perform	Why
1	Before touching a patient	Your own hands may be carrying germs that can spread to the patient. To prevent this, you should clean your hands before you touch the patient.
2	Before clean/aseptic procedure	Your own hands may be carrying germs that can spread to the patient. To prevent this, you should clean your hands before you touch the patient.
3	After body fluid exposure risk	Your hands may be carrying germs that can spread to the patient. To prevent this, you should clean your hands after you have been exposed to a body fluid.
4	After touching a patient	Your hands may be carrying germs that can spread to the patient. To prevent this, you should clean your hands after you have touched the patient.
5	After touching patient surroundings	Your hands may be carrying germs that can spread to the patient. To prevent this, you should clean your hands after you have touched the patient's surroundings.

World Health Organization

Patient Safety

SAVE LIVES
Clean Your Hands

(Courtesy WHO website.)

डोंबिवली ते धुळे व्हाया चांदवडची मिसळ, पेढे...वगैरे वगैरे

डॉ. मकरंद गणपुले

पहाटे पाच वाजता फोन पिकपिकला. बाबांचा मेसेज होता. 'आपण धुळ्याला जाणार आहात असे कळले. सकाळी जाऊन रात्री परत येणार म्हणजे जिकीरीचे होईल. गाडी कुठली नेणार आहेस? सर्हिंसींग झाले आहे का? जास्त वेगाने गाडी चालवू नकोस'.....तिर्थरुपांनी सूचनांचा भडीमार केला होता. आपला मुलगा चाळीशी ओलांडलेला व दोन मुलांचा बाप असलेला आहे हे सगळे लक्षात ठेऊनही त्यांनी भरपूर अशा सूचना केल्या होत्या. आता धुळ्याला जाणे म्हणजे वनवासात चाललो आहे असे त्यांना वाटत होते की काय? काय माहित. मी परत मेसेज केला की पाटे सरांच्या इनोव्हाने जाणार आहोत आणि सरच बहुतेक गाडी चालवतील. बाबांचा पाटे सरांवर विश्वास असावा.....कारण परत एक मेसेज आला 'OK, Take Care!'

सहा वाजता निघायचे होते पण भारतीय प्रमाण वेळेनुसार साडे आठला निघालो. ते दिवस Vibrance चे दिवस होते. आस्था बंगल्यावर वारंवार जाणे होत होते. Vibrance team झपाटल्यागत काम करीत होती. इतक्या वेळा कामा निमित्त आस्था बंगल्यावर गेलो कि बुझो पण मित्र झाला होता. सरांच्या घरी गेलो की जवळ पास घुटमळायचा व जवळ येऊन बसायचा. मोठा ऐटदार आणि प्रेमळ कुत्रा आहे बुझो.

एव्हाना उशीर झाल्यामुळे सर जरा गाडी हाणत होते. वानखेडकर सर सारखे फोन करत होते की निघालात का? आम्ही मनाला येईल त्या गावाचे किंवा फाट्याचे किंवा रस्त्याचे नाव घेत होतो. आम्ही कल्याणमध्येच होतो पण सांगितले पडद्या टोल आत्ताच क्रॉस केला.....पण अत्यंत ट्रॅफिक असल्याने उशीर होत आहे.

डोंबिवली ते नाशिक वेळ कसा गेला कळलं नाही. खूप दिवसांनी एवढ्या गप्पा मारल्या. डॉ. निती आणि डॉ. अर्चना कुठल्याश्या इव्हॉकॉनच्या गप्पा सांगत होत्या व धुळ्याच्या हॉस्पिटॅलिटीबद्दल बोलत होत्या. इतकी सगळी हॉस्पिटॅलिटी डोंबिवलीत दाखवायची म्हणजे दिव्यच होते. कारण डोंबिवली म्हणजे प्रति पुणे आहे. म्हणजे पुण्याचे गुण कमी आणि वाण मात्र जास्ती घेतले आहेत. जाताना मी पण काही माफक विनोद करत होतो. त्यावर सगळेजण जाम हसत होते. आता ह्यात चांगल्या विनोदापेक्षा Vibrance चं आलेलं टेन्शन जास्ती असेल असेच मला वाटले.....असो.

आपण उगाचच भारताच्या प्रगती वरून शिव्या देतो. पण रस्ते मात्र सुधारलेलेच आहेत. डोंबिवली नाशिक प्रवास करताना चांगलेच जाणवते. आम्ही अक्षरशः दोन तासात नाशिकला पोहोचलो. हा रस्ता नाशिकच्या नंतरही चांगलाच आहे. ओझर, सरळगांव, चांदवड.

ह्या चांदवडला एक देवीचं मंदिर आहे. मंदिर रस्त्याच्या खाली आहे आणि वरून रस्ता जातो असे म्हणतात. पण आता फ्लायओव्हर

इतके झाले आहेत की ते मंदिर....तो वरून जाणारा रस्ता काही सुद्धा कळला नाही. चांदवडला थांबलो. ह्या चांदवडची मिसळ खायचीच होती. त्यामुळे सकाळी चांगला Breakfast झोलेला असताना सुद्धा गाडी आपोआप तिकडे वळली....(माझ्या सुदृढ तब्येतीच्या यशाचे गमक ह्या असल्या खाण्यात आहे हे उमगले असेलच)

त्या प्रसिद्ध दुकानात शिरलो. पण आम्हाला थोडा उशीर झाला. त्यामुळे मिसळ संपली होती. पण हॉटेलवाला म्हणाला उसळ फरसाण घालून मिसळसारखी बनवून देतो (म्हणजे ह्याच्याकडे उसळ पाव व मिसळ पाव दोन्ही उसळींचे रस्से वेगळे वेगळे होते तर...) आम्ही म्हटले चालेल. त्याने उसळ फरसाण, कांदा ह्यांचे मस्त मिश्रण बनवून दिले. बरोबर पाव दिले. आपल्याकडे मिळतात त्या लादी पावा सारखेच होते पण अत्यंत मऊ आणि लुसलुशीत. खायला मजा आली. बरोबर पेढे पण मागितले. हे चांदवडचे पेढे पण प्रसिद्ध आहेत म्हणे. म्हणूनच मागितले. मिसळ हाणण्या आधी त्याचे फोटो काढून Whatsapp वर टाकायला कोणीच विसरलो नाही. त्या हॉटेलवाल्या वेटरने पेढे कुठल्याश्या वर्तमान पत्राच्या तुकड्यावर आणून दिले. सगळं वातावरण बघून सामना किंवा पिंजरा ह्या दोघांपैकी एका सिनेमात असलेला एका हॉटेलच्या सीन सहजच आठवला. तर ते पेढे खरोखरच लाजवाब. कंदी प्रकारात मोडणारे पेढे खाता क्षणी तोंडात विरघळत होते. ह्या अशा हायवे लगतच्या हॉटेलामध्ये चहा मात्र चांगला मिळतोच असं नाही. पूर्ण दुधाचा आणि भरपूर साखरेचा करतात बरेचसे लोकं. ह्या हॉटेल मध्ये चहा मात्र बरा मिळाला.

त्या मिसळ देणाऱ्या वेटरला एक भला मोठा Cervical Lymph Node होता. इतके Lymph Node बघितले असतील आता पर्यंत पण तो लक्षात राहिला.

नंतर वाटेत मालेगाव लागलं. आपल्या भिवंडीसारखंच वाटलं. हायवे गावा बाहेरून जातो पण एक प्रकारची बेशिस्त पूर्ण गावातच असेल असे वाटून गेलं. तिथून पुढे धुळे. एव्हाना डॉ. वानखेडकरांचे पॅनिक फोन यायला सुरुवात झाले होते. धुळे आय.एम.एम.ची लोकं आमच्यासाठी जेवायला थांबली होती. दुपारचे दोन वाजले होते. आम्ही मात्र चांदवडची मिसळ आणि पेढे ह्यातच रमलेलो होतो...

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THE CHASE FOR THE HIMALAYAS

– DR. SUCHITRA KAMATH

During a visit to nearby book store at one of the malls, I chanced upon a travel book “Discover Himalayas on wheels”. The book described how one could explore exotic locales and make a dull holiday into a special and memorable one.

Himalayas are the world's highest mountain ranges. They are the source of many great rivers of India. It has a rich Bio-Geographic diversity, ranging from tropical jungle, amazing wild life, flowering valleys, rare orchids to rough inhospitable terrains. Besides, The Himalayas have always beckoned man with legends attached to it and its affinity to God. Reading all this, I had a desire to see the snow-capped peaks.

The chase started by searching for the places from where the Himalayas could be seen best. Someone suggested that the hill station Shimla would give us the best views. After a long journey from Chandigarh, we reached Mashobra near Shimla. Earlier, I had placed a request with the hotel staff, to give us a room with a full view of the mountains. Clearly the room had a beautiful view, but only of the Shiwalik mountain ranges.

Someone told me that on a clear day one can see the snow clad Himalayas early in the morning. Well, then for the next few days we started waking up as early as 4 am in the mornings, even though we were on a vacation.. The dawn breaks early in Shimla and me & my husband Prasad would wake up early for sunrise and would strain hard through the window to try to catch a glimpse of the snow peaks near the horizon. Hope is such a wonderful thing & our life revolved around it. Every day for next 7 days, we would follow the same schedule. No matter what time we slept, we would wake by 4 am. By now our eyes were familiar with the ups and downs of most of the Shiwalik ranges. But the Himalayas.....we could not even see the crests of those peaks. Sadly we returned back disappointed.

Next year we will go to some better place, consoled my better half. The plan for going to a 'better' place started well in advance. Now, we zeroed down to Binsar, in Kumaon region of Uttarakhand. Some search told us that Binsar offered a clear view of the Himalayas peaks. So again a new chase began.

After a long and tiring journey from Mumbai to Delhi on flight, Delhi to Kathgodam by train and thereafter to Binsar by road, we finally reached after a 24 hour's grueling ordeal. I felt that by this time, I could have reached New York earlier and faster.

Binsar is located at an altitude of 2310 meters, near the famous town of Almora. It is in the Kumaon region of recently formed state of Uttarakhand. Kumaon lies right on the main axis of the Greater Himalayan range. The Greater Himalayas is a single range of mountains with most of them above 6000 meters, with nine of the 14 highest peaks in the world including Mount Everest.

Once again, I made the same request to the hotel staff.....'Please give me the room with the best view of the Himalayas'. Again I got the same reply... “On a clear day at dawn, you can see the Majestic Mountains.” Same request', 'Same reply'. 'Was history going to repeat itself?', I, wondered !

In the reception of the hotel, I browsed through some books, where in I found this quote by Mahatma Gandhi.....

“The enchanting beauty of Himalayas, bracing climate, soothing green envelopes leaves nothing more to be desired. After being here for 3 weeks in these hills, I am more than amazed why people need to go to Europe in search of health and beauty.”

Again a new chase began. Again an alarm was set for 4 am. I got up on the dot & reaching for my Spectacles rushed out of the room. Straining hard in the direction that the resort staff had pointed out the

previous evening, the most likely place to glimpse the Himalayas, I strained hard to sadly see, only a Mist laden sky. I was disappointed. Well, 'tomorrow is a new day', I told myself and went back to sleep. The same story was repeated the next two days. Only God can help me now!! Is the chase to see the Himalayas going 'the Shimla way'?? . I wondered !

Towards evening that day, the sky suddenly turned dark with thunder clouds. Winds began to rush and suddenly it started raining heavily. The temperature dropped down further by a few degrees. We were enjoying these rains, when the hotel driver called us to inform that we should be ready by 4 am to go to 'Zero point' Binsar to view the Himalayas. Due to the rains, the weather would have cleared and the chance of seeing the Mountains was very good, said he. His words were like music to my ears. Once again the hope of seeing the peaks soared in my Heart!

That night I could not sleep. I was literally tossing in my bed, literally counting the minutes. I woke up before the alarm went off. I rushed out with my spectacles and looked out from the room. Lo and behold, the Untouched, Majestic beautiful snow-capped peak stood magnificently in front of me!!! The peak of 'Trishul' looked so very enchanting. I rubbed my eyes, cleaned my specs and confirmed "Yes, indeed these are 'The Himalayas'."

I rushed to wake my husband. Surprised and shocked, words failed to come out of my mouth. Pulling him up, I once again stood in front of these peaks. We stood there watching the beautiful peaks. We rushed back to the room and got ready superfast. I was very sure that nature would not let me down today and no one would come in between me and the Himalayas today.

A small drive and trek of few kilometers would take us to Binsar zero point .It had a 'Machan' (watch tower) which was said to offer a spectacular view of the Greater Kumaon Himalayas. As we were going, I remembered the words which I read the other day at reception room-

'We will trek up, hill and slope
We will carry with ourselves in the hope,
We will enter the world of clouds
Along the way, we will hear the call
Of the mountain wind and waterfall.'

Finally, we reached Zero -point. Climbing up the watch tower, I was greeted with the most spectacular view of 'The Himalayas'. Silently standing tall, the grandeur of mystic Himalayas moved me to tears. The entire range of the Kumaon Himalayas from the 'Trishul peak to Nandadevi' stood in front of us leaving us dumbstruck. No wonder this Abode of snow against the backdrop of a clear blue sky has attracted Man and God alike from centuries. Tears rolled down my eyes. Himalayas continued to mesmerize people since ages; and here, I stood totally stunned! But then slowly, as if by Magic ,Nature started closing the windows to the peaks &one by one the peaks started disappearing behind the clouds.

Collecting my emotions, I started climbing down the hill. 'When one window closes, the other opens'. The surrounding beautiful flora and fauna of the undisturbed Binsar jungles started teasing me with beautiful delicate flowers, exotic Himalayan birds, colorful butterflies. I realized that in my dream of seeing the Himalayas , I had ignored this beauty of nature that was so full of life. On the way down, I recalled these words from the Skanda Purana.....

"As the sun dries the morning dew
So does the mere sight of the Himalayas
Dissipate the sins of Man."

The wait & chase for The Himalayas was finally very fruitful, and indeed it was one of the most memorable journeys of my life.

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VILLAGE ADOPTION PROGRAMME AT PIMPRI GAWALI

Miss. Neha Sunil Puntambekar
NIFTEM, Kundli
M.Tech. (FPO)
Batch 2015-17

National Institute of Food Technology Entrepreneurship and Management (NIFTEM) is an Autonomous Institute of The Ministry of Food Processing Industries (MOFPI), Govt. of India. NIFTEM is also a Deemed to be University under Section 3 of the UGC Act, 1956. NIFTEM has been established with an initial investment of Rs. 500 Crores (US \$100 million) on a 100 acre area in the Kundli, Sonapat district of Haryana. It is a world class institution set up for catering the needs of various stakeholders such as entrepreneurs, food processing industries, exporters, policy makers, government and existing institutions.

NIFTEM is making an effort to seamlessly blend various facets of food industry from production to retail, to ensure that all those involved in these activities reap the maximum benefits. The Institute offers B.Tech (4 yrs.), M.Tech (2 yrs.) & Ph.D. degree programmes in the Food Technology and Management. Apart from formal teaching, other important facets of NIFTEM are, research (in the food science and technology, food engineering, agricultural and environmental sciences, basic and applied science and food business management) and extension (outreach) activities like village adoption programme, entrepreneurship development and skill development training programmes, establishing primary processing centres, business incubation centres in the form of pilot plants, consultancy, etc.

Village adoption programme is the flagship activity of the NIFTEM and it is one of the subjects to the B.Tech and M.Tech students for which students get credit. Institute has adopted 37 villages in 18 states

across India. All students of B.Tech & M.Tech visit their designated villages twice in a year and for 10-12 days in the villages each semester along with a faculty member. As an M.Tech student (Food Plant Operations Management) of NIFTEM, in my 1st semester, I got “Pimpri Gawali” village in the Parner Taluka, Ahmednagar district of Maharashtra. I visited Pimpri Gawali village between 21st September to 30th September 2015 with my 15 colleagues and 1 teacher. This small village is situated in the Ahmednagar District, around 12 Kms from Supa on the PuneAhmednagar highway. Village comprises of 950-1000 villagers. Villager’s source of income is majorly based on agriculture and dairy farming.

Our main moto of VAP is to use the available resources in the village, to sensitize & train the farmers & local youth about food processing along with its advantages & encourage them to become an entrepreneur. To accomplish this goal, we have worked on different arenas in these 10 days. We have developed the recipes for 4 products under the title of value addition of local produce such as Jowar Papad, Jowar Cookies, Thalipeeth Bhajni and Spiced Buttermilk. Members of my group were working on their respective products with respect to recipe development, actual production & finding proper marketing linkages for these products. We have also initiated 2 products Salty Moong Dal & flavoured milk by demonstrating the processing steps to villagers.

During this visit, NIFTEM had appointed agency named CEDMAP (Centre for Entrepreneurship Development, Madhya Pradesh) to impart 1 week

“Skill development training programme” for local villagers and potential entrepreneurs. Training was held from 22nd September to 26th September. 35 Villagers participated in the training programme conducted by CEDMAP. Training included lectures on entrepreneurship development, current scenario of food processing sector, Motivation session for local entrepreneurs, direct interaction with first generation entrepreneurs, Discussion with banks and industry Dept. officials for Govt. schemes and industrial visit to Malganga Dairy Plant (Kanhaiyya Dairy), Nighoj, Parner, Ahmednagar. Giving importance to comprehensive village development, we conducted rally of School children for supporting Swachh Bharat Campaign. On gathering, pledge was taken by all the children and cleaning was carried out at the nearby places to their school. Initiation of documentation with Central Bank of India was done to digitalize village library, ‘Gyansagar’. To create social awareness among villagers we performed street skit based on female education.

Keeping technological aspect in mind, my VAP team members designed & fabricated low cost hand-operated butter churning machine. Major raw material used in this churner was procured from metal scrap so that villagers can afford this machine. This development will help villagers to start their own small primary milk processing unit to manufacture lassi, buttermilk, ghee and other products.

As every coin has two sides of it, difficulties were experienced by our group. It was observed that Self Help Groups (SHG) are formed by villagers for fulfilling their personal financial needs only. They are not carrying any other productive activity as source of income for their group. Due to difference in social & financial values among the villagers,

funding facilities have not been equally distributed & utilized for the developmental upgradation. As villagers are totally dependent on agriculture and dairy farming, they have limited spectrum of income. They are risk averse and not interested to start their own business. To overcome such hurdles in village development, we are planning to focus on their social issues & progress. Future plans for next VAP visit will include, installation of street light (preferably solar), Procurement of machineries and bakery setup, effective designing of SHG, Linkage establishment between producer company & identified entrepreneurs, mobilization of resources for primary health care centre, acquisition of FSSAI registration for developed food products and initiation of land source for industry unit setup, standardization of post harvest process of the produce etc.

In the next semester, we will visit Pimpri Gawali in the month of March with a motto to make Pimpri Gawali village as clean, lively, touristy, farming & industry orientated village, self-sufficient and progressive village. My team member’s aim is to make this village as an ideal one so that other villages can also emulate it and prosper ultimately leading to a stronger and developed Nation.

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मी मोठ्ठा होणार

मी मोठ्ठा होणार, आई मी सिनेमात जाणार
खूप खूप दारु ढोसून गाडी जोरात चालवणार

बसवीन माझ्या बाजूला मी एक खरा ड्रायव्हर
चढवीन गाडी फुटपाथवरती तराट झाल्यावर
तिथे झोपलेल्या लोकांना मग चिरडून मी मारणार
खूप खूप दारु ढोसून गाडी जोरात चालवणार

पकडतील गं पोलीस मजला ठाण्यावर नेतील
जबाब मी गं सांगेन तस्सा नोंदवून घेतील
लगेच मी वकीलाला बोलवून जांमिन मिळवणार
खूप खूप दारु ढोसून गाडी जोरात चालवणार

कोर्टामध्ये वकील माझे मांडतील बाजू
धीर देऊनी म्हणतील मजला "भिऊ नको राजू
निघून जातील वर्षे कशी ती नाही तुला कळणार"
खूप खूप दारु ढोसून गाडी जोरात चालवणार

माझ्याजवळी रग्गड पैसा असेल गं आई
पैसा असता भीती कुणाची मुळीच गं नाही
मनासारखे माझ्या सारे करुन मी घेणार
खूप खूप दारु ढोसून गाडी जोरात चालवणार

- डॉ. सतीश अ. कानविंदे